

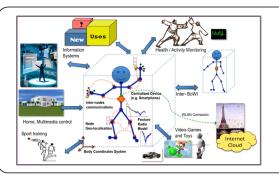




# BoWI+: Body Area Network Solution For Musculoskeletal Disorders Risk Assessment

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#### Context



- ✓ Musculoskeletal Disorder (MSD) is the first occupational disease cause
- ✓ Body Area Network aim to be embedded in garment with future technology
- ✓ No optical or external device used for non intrusive solution
- ✓ Real time or short term feedback possible by daily monitoring
- ✓ Long term prediction possible with massive data collection

## **Zyggie Node**

- Sensors
  - •IMU (MEMs)
    - Acc, Mag, Gyr
  - Distance
  - UWB ToA
- •USB
  - Supply

Action level 1

Action level 2

Action level 3

Action level 4

- Data transfer
- Micro-Processor
  - •EFM32 Cortex M4 (FPU)
- Radio
  - Atemega 128RF
- Battery
  - Li-po 300mAh
  - Several h. autonomy





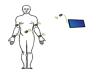
## **Network & App**

- Topology
  - •Full mesh

✓ Public health strategy for prevention of MSD could be set up with reliable prediction

- •1 Gateway (USB)
- Protocol
  - •Zigbee based (802.15.4) •Multiple Mode
- - •Indoor 10-20m
  - •Outdoor >100m
- Android App
- Multiple scenario
  - Posture
  - •Geoloc

  - RT Monitoring
  - Recording





## MSD Risk And Penibility Assessment

#### Use of RULA method for risk assessment

- >Scoring system with corresponding intervention level
  - Posture score using angle estimation with threshold
  - Muscle score by detection of static postures and repetition
  - Force score if weight is lifted or related effort

A score of 1 or 2 indicates that posture is acceptable

if it is not maintained or repeated for long periods.

A score of 3 or 4 indicates that further investigation

is needed and changes may be required.

A score of 7 indicates that investigation

and changes are required immediately

and changes are required soon.

A score of 5 or 6 indicates that investigation













## Neck, trunk and legs score 1 2 3 4 5 6 7+

Arms score	1	1	2	3	3	4	5	5
	2	2	2	3	4	4	5	5
	3	3	3	3	4	4	5	6
	4	3	3	3	4	5	6	6
	5	4	4	4	5	6	7	7
	6	4	4	5	6	6	7	7
	7	5	5	6	6	7	7	7

**Final Score** 

#### Use of statistics for complementary penibility assessment

- >Several statistics can be computed for a better intervention decision
  - Ration of time in each position category
  - Average category transition rate

## Example: Chips conditioning

Nodes deployed on:

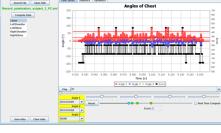
- - -Arms -Forearms

-Chest

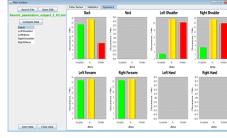












### **Perspectives**

#### Use of machine learning method

With a massively deployed system it is possible to record enough data to use machine learning method. Adding individual characteristics data shall help to make reliable prediction for each profile. Currently there is no database available to apply machine learning methods.

**8** 5 5 6

## Applying the system to functional rehabilitation

Body area network allows distant monitoring without camera This can also be used as a self-rehabilitation tool using gamification





























