

From Causes to Actions

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Photo by Chona Kasinger

A Framework for Reducing Alarm

Fatigue in the Intensive Care Unit

Anaesthesia, 2006, 6

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Learnable equipment

CNE

Alarm Fatigue

A Patient Safety Concern

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KEY WORDS

alarm fatigue, cognitive
physiologic monitoring

ABBREVIATIONS

ECG: electrocardiogram
www.hospitalpediatrics.org
doi:10.1542/hp

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HOSPITAL PEDIATRICS

Summary

Melodic alarms were
tested for learnability
alarms over two
than 30% of participants
Confusions persisted
($p = 0.011$). Participants
medium priority
alarms as sound
training identified
and found that
alarms are needed

ABSTRACT

Research has demonstrated that 72% to 99% of clinical alarms are false. The high number of false alarms has led to alarm fatigue. Alarm fatigue is sensory overload when clinicians are exposed to an excessive number of alarms, which can result in desensitization to alarms and missed alarms. Patient deaths have been attributed to alarm fatigue. Patient safety and regulatory agencies have focused on the issue of alarm fatigue, and it is a 2014 Joint Commission National Patient Safety Goal. Quality improvement projects have

demonstrated that strategies such as daily electrocardiogram electrode changes, proper skin preparation, education, and customization of alarm parameters have been able to decrease the number of false alarms. These and other strategies need to be tested in rigorous clinical trials to determine whether they reduce alarm burden without compromising patient safety.

Keywords: alarm fatigue, patient safety, regulatory agencies

What doctors and patients actually want to know: why is this happening and what can they do about it?

Can we learn..

risk factors for heart failure

Kleinberg & Elhadad (2013) AMIA

what leads to an individual's hyperglycemic
episodes

Heintzman & Kleinberg (2016) JBI

causes of secondary brain injury

Claassen et al. (2016) PLoS ONE

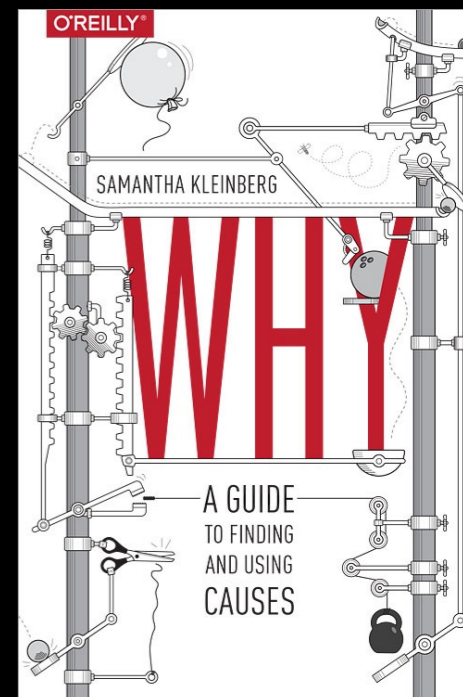
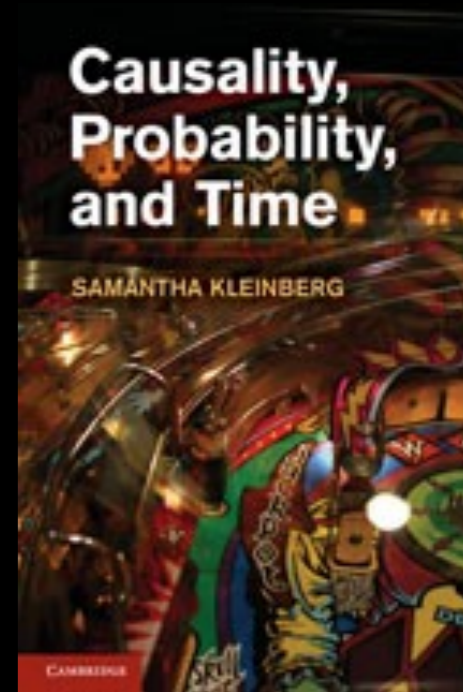
from observing people?

Logic-based causal inference

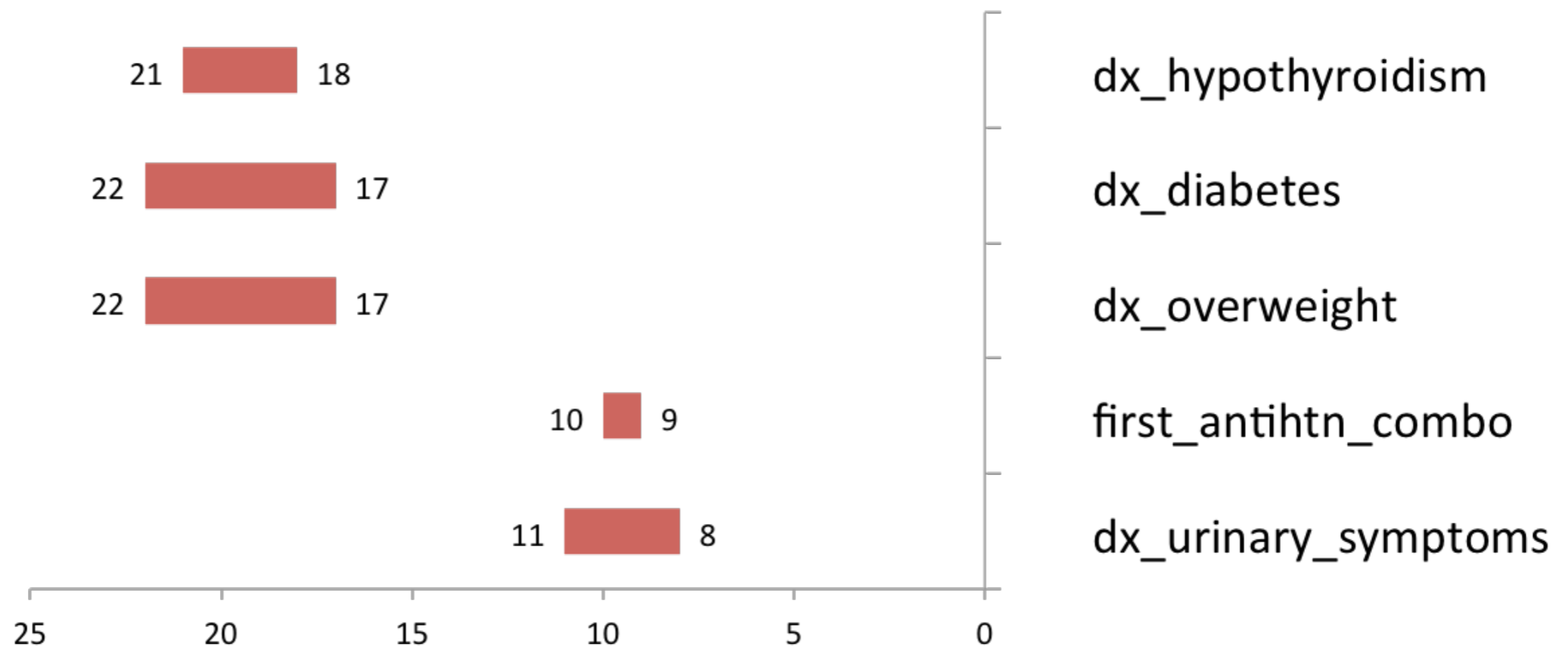
Complex, temporal relationships

$$v \rightsquigarrow \begin{matrix} \geq 15, \leq 40 \\ \geq 0.4 \end{matrix} g$$

(PCTL + some additions)



Congestive heart failure



Months before CHF diagnosis

Can we trust the data?

FDA guidance

95% of fingerstick BG values must be within 15% of the actual value

A value of 150 could be [128, 172]

A value of 70 could be [60,81]

CGM accuracy is also a function of time

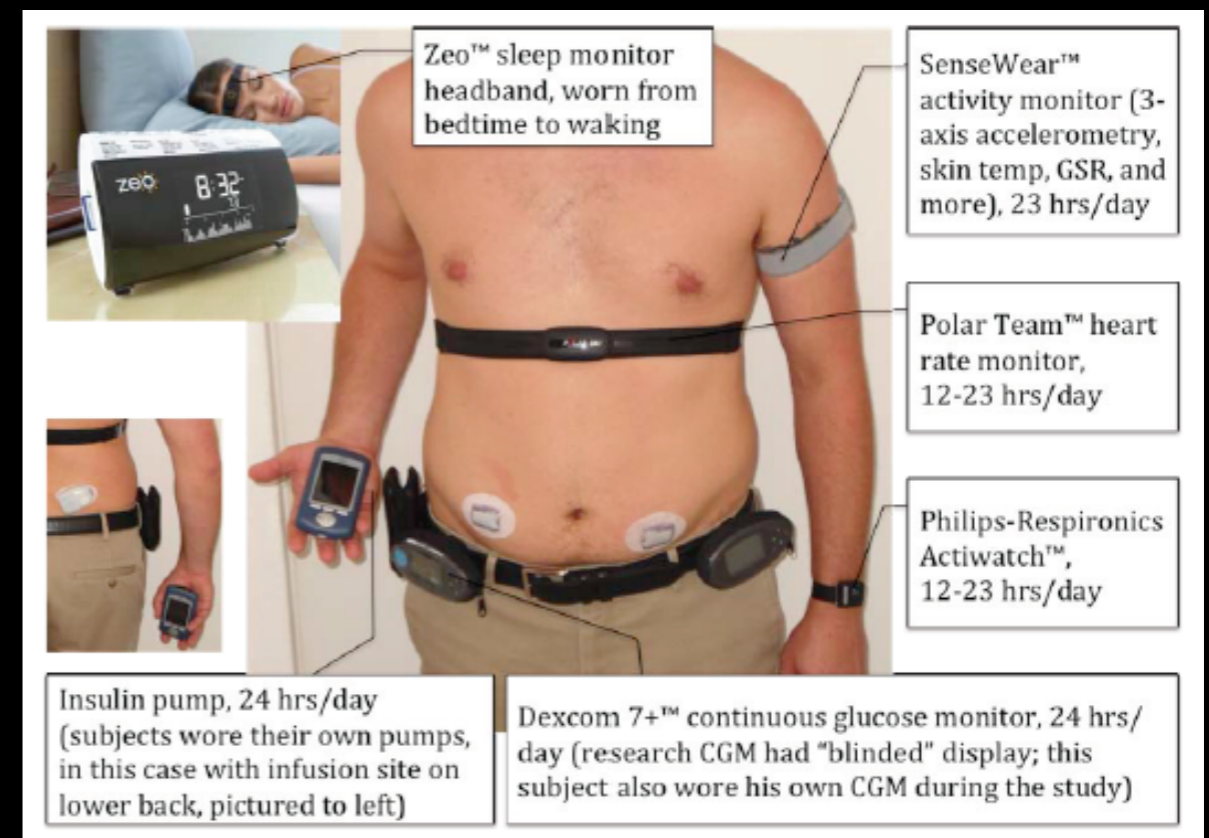
Visit	Number of Readings / Unique Patients	Mean Absolute Relative Difference 95% Confidence Interval	Percentage of Readings within 15 mg/dL or 15%^a
Day 1	2,665 / 35	11.6% (10.0, 13.1)	79%
Day 7	2,926 / 35	9.8% (7.9, 11.7)	86%

17 subjects with T1DM, sensor data (collected for >72 hours)

Used causal inference methods + body-worn sensors to find cause of changes in glycemia

- intense activity leads to hyperglycemia in 5-30min

only found when modeling uncertainty

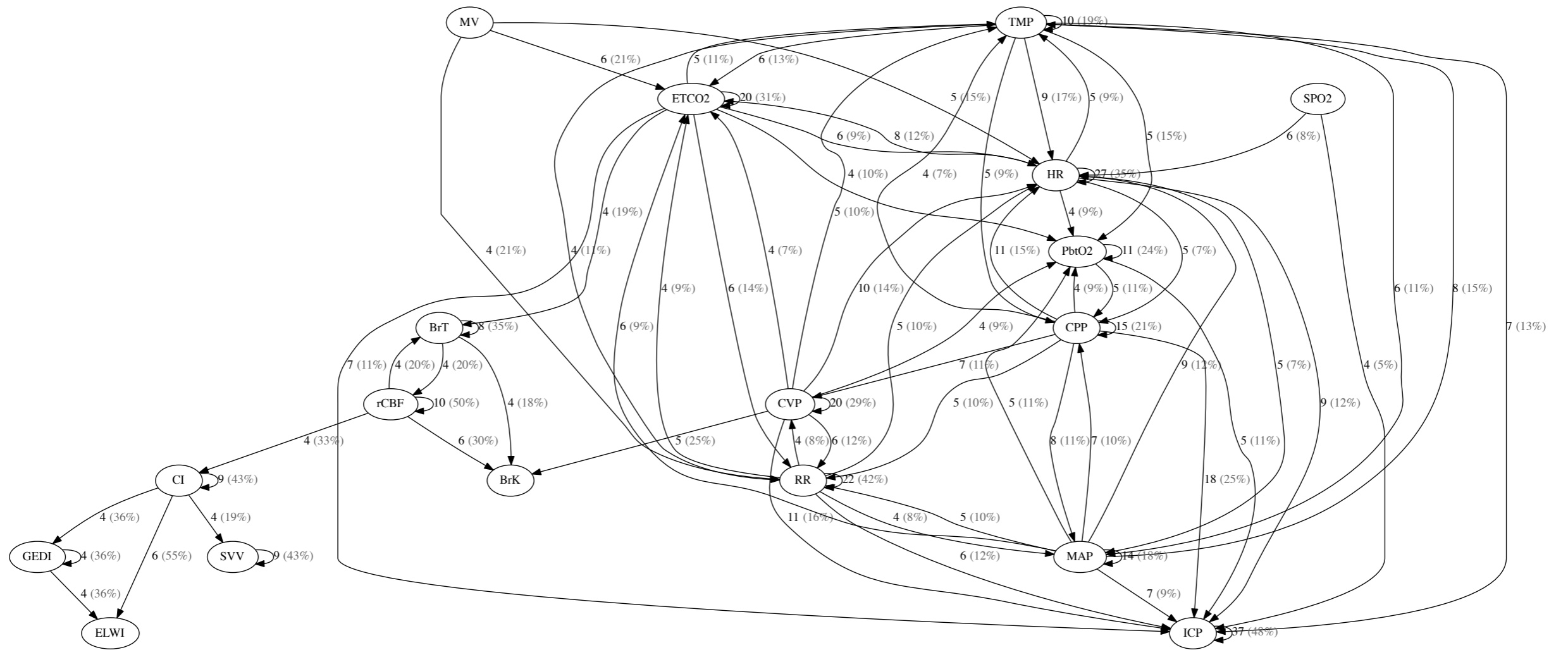


Latent variables are
not always latent

- Leverage prior knowledge (experts, other experiments)
- Be robust to wrong/inapplicable knowledge
 - Reconstruct time series
 - Identify inconsistencies
 - Iterate

We can use knowledge of the effect of meals on glucose to recover latent meals and their effects

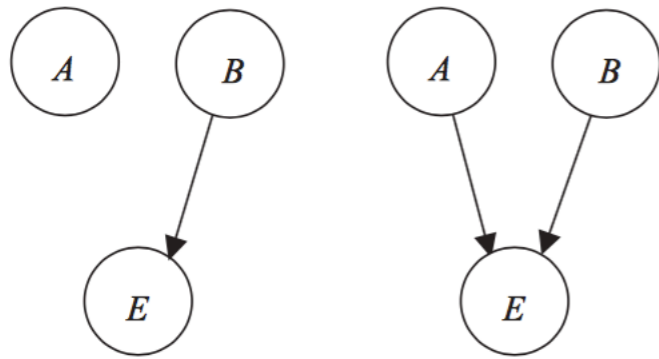
We find: exercise causes meal in 60-85min, moderate exercise causes hypo in 70-90min, 67 meals recovered
tsFCI: 1 latent variable, and hypo/hyper cause themselves



Claassen J, Rahman SA, Huang Y, Frey H, Schmidt M, Albers D, Falo CM, Park S, Agarwal S, Connolly ES, Kleinberg S (2015) Causal structure of brain physiology after brain injury. PLoS ONE.

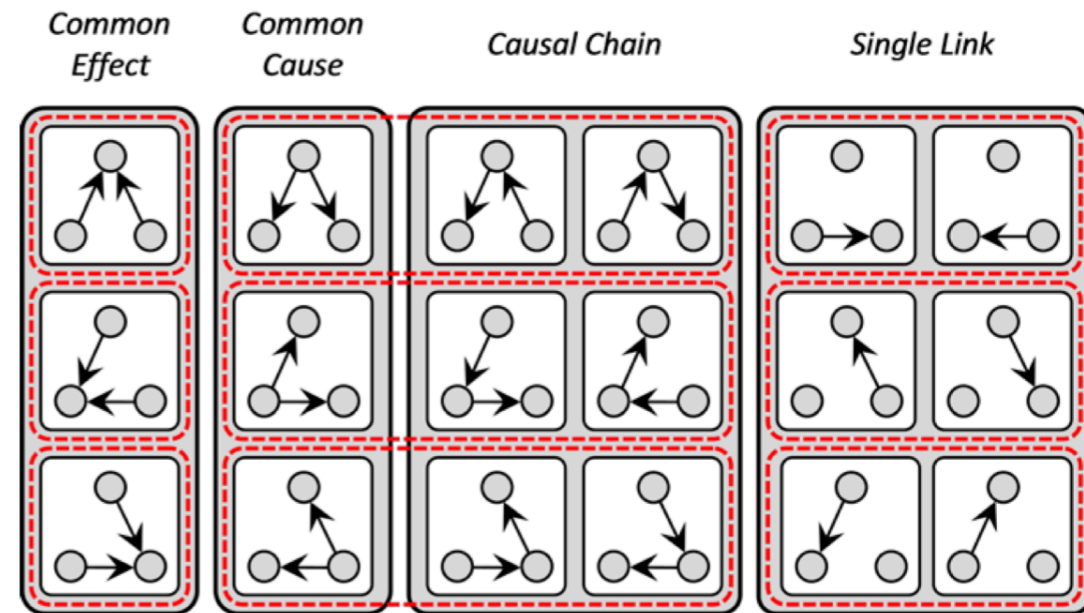
Does this actually help
people make decisions?

- Should I have oatmeal or a fruit salad?
- When is the best time to run?
- How should I invest my retirement savings?



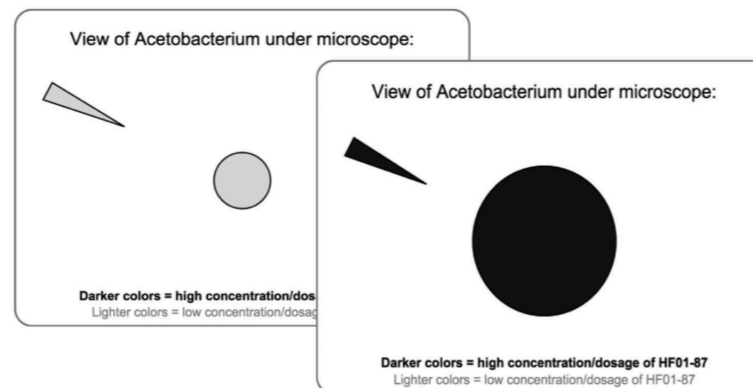
Super pencils/
Blicket detector

Griffiths et al. 2011



Mind-reading aliens

Mayrhofer & Waldmann 2011



Drug+microorganism size

Soo & Rottman 2018

Can causal information aid
decision-making in familiar
scenarios?

Are people doing worse
because they have
experience with the domain?

Action requires
causality

But causality alone isn't enough

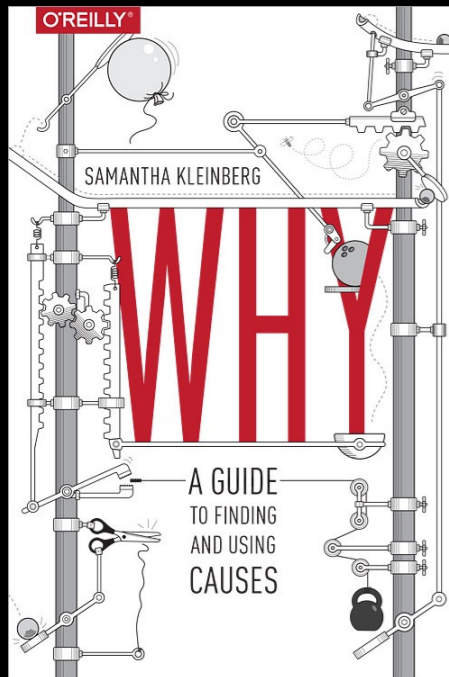
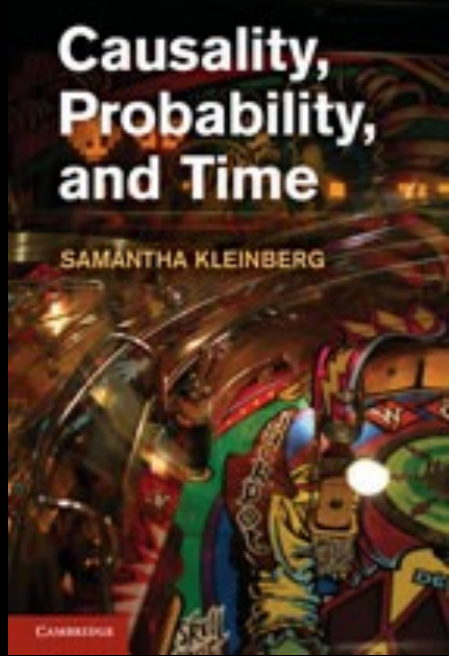
We need evaluations of utility
of algorithms (not just
accuracy)

Explainable AI

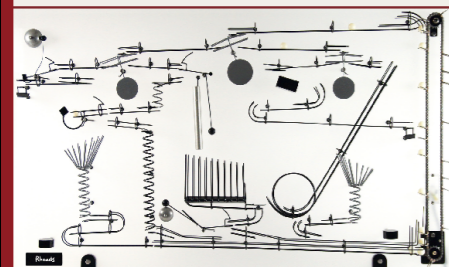


Usable AI

Information must be
personalized



TIME and
CAUSALITY
ACROSS the
SCIENCES



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Health
+AILab

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